

**VINAYAKA MISSION'S RESEARCH FOUNDATION, SALEM**  
**(Deemed to be University)**  
**MASTER OF PUBLIC HEALTH DEGREE EXAMINATION – December**  
**2021**  
**Second Year**  
**NUTRITION**

Three Hours

Maximum: 100 marks

**I. Write an Long essay on:**

**(3 x 20 = 60)**

1. Discuss the methods of assessing nutritional status of a community
2. Nutritional programmes in India
3. Explain in details about planning menu

**II. Write short essay on :**

**(4 x 10 = 40)**

4. Food adulteration
5. Safe food handling
6. Iron
7. What is growth monitoring ? explain the steps involved in growth monitoring

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